



2015

**Monroe County
United Ministries**



Annual Report

A message from the Executive Director



Dear Friend,

What a year at MCUM! When I joined our agency in January 2015, I knew that we were well-positioned due to the excellent leadership and guidance of my predecessor, Meri Reinhold. We have spent the last 12 months discussing our mission, our future, and our potential, and I am happy to report that the future is looking very bright at MCUM.

One of our most critical accomplishments last year was the updating of our mission, vision, and strategic plan. Our mission is “to create lasting solutions to economic, educational, and social injustice through quality services, collaboration, and innovation.” We want to do more than just address the symptom in front of us – we also want to establish solutions that will last for the community members we serve. How do we do that? Well, we listen to our community. We reach out to other agencies serving the same population. And we talk to our clients. By linking the reality our clients face every day with the resources available in our community, we can magnify our impact in positive ways.

You are part of that impact, and for that, I personally thank you. Thank you for your donations of time, money, resources, paint, skills, energy, books, food, grocery bags, prayers, wood, nails, and toys. We provided almost 50,000 meals in 2015. We provided 152 young children with quality education. We prevented homelessness for 61 families. Your support means that you are part of all that we do, and we couldn’t do it without you.

Here’s to another great year at MCUM!

Sincerely,

A handwritten signature in black ink, appearing to read "E. P. ...", is written on a light-colored background.

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Mission Statement

Monroe County United Ministries creates lasting solutions to economic, educational, and social injustice through quality services, collaboration, and innovation.

Vision:

A community free of poverty and injustice.

Our Programs:

Affordable Childcare

MCUM's **childcare program** provides full-time affordable childcare for children ages eighteen months through six years, primarily from **low-income families**. This program employs 5 teachers, 10 teacher aides, 2 kitchen employees, an education coordinator, and a director. It is supported by government funding through the Child Care Development Fund (CCDF) program, **sliding-scale fees** paid by families not currently enrolled in the CCDF program, and community supporters. Parents on MCUM's fee scale *currently* pay an average of \$50 per child per week while the true cost of MCUM's program per child per week is \$210 for children ages three and up and \$250 for children under three years old.

Emergency Services

MCUM's **emergency services program** is client-driven with a focus on **case management**. We provide basic needs assistance to families and individuals facing a **financial crisis** brought on by divorce, a large health care bill, car repair, caring for an ailing family member, or another de-stabilizing financial event. **Assistance** may come in the form of food, clothing, household items, cleaning supplies, hygiene items, bus tickets, new socks and underwear, diapers, financial assistance, and referrals to other services.

Who
All

MCUM Staff

Executive Director:	Erin Predmore
Childcare Director:	Traci Mehay
Education Coordinator:	Tina Burress
Emergency Services Coordinator:	Cliff Edens
Development Associate:	Katie Broadfoot
Office Manager:	Shannon Hampton
Emergency Services Caseworkers:	Sandi Clothier & Jenn Webeck
MCUM Kitchen:	Denise Garrett Derrick Mackie

Childcare Staff:

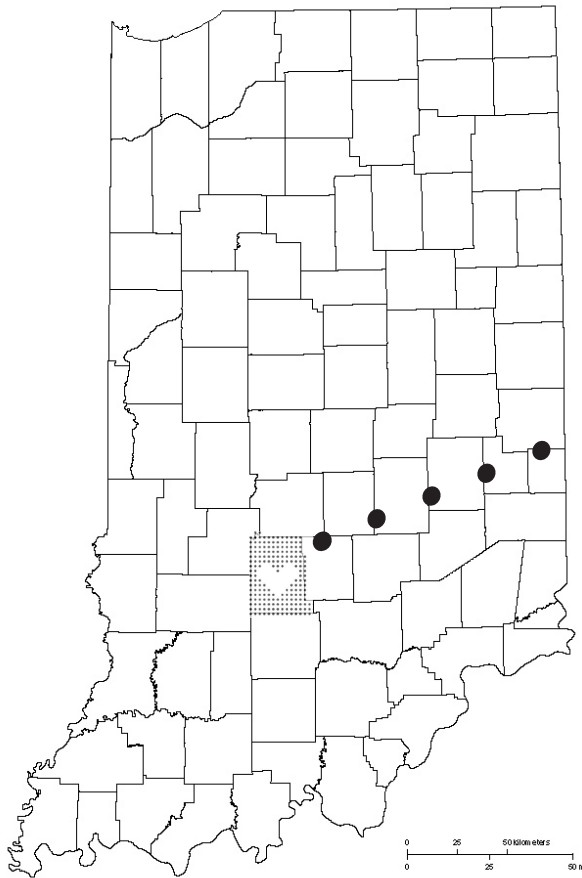
Vanessa Andrews	Caramée Bryan
Kim Clay	Meredith Coots
Jessica Corbin	Brittney Denton
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Jessica Mackie	Natasha Magers
Melissa Montes	Amanda Morris
Sara Neidigh	Hailey O'Malley
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		Amy Young

Monroe County

Monroe County, Indiana. 411 square miles of limestone, lakes, and caves. Home to Indiana University and Ivy Tech Community College. Animated with festivals, restaurants, and an authentic population. It's our home.



We are Here:

Population:	143,339
% under age 5 years	4.5%
Poverty Rate:	24%
rank in State	1
# SNAP recipients	10,898
Households:	53,778
# single parent homes	4,099
Labor Force:	67,249
unemployment rate	5.8%



Only 1 in 4 children in Monroe County have a spot in a licensed childcare center.

The number of children age 0-4 living in Bloomington has increased by **9%** in recent years, generating an increased need for affordable childcare services. There are 7,703 children birth through age four living in Monroe County and 3,544 spots in licensed childcare centers, leaving a gap of 4,159 children. Of these children, nearly 2,000 are from low-income households and 56% are living in homes more than 130% below the poverty level guidelines (\$20,090 for a family of 3 in 2015).

MCUM is one of only eight childcare centers in Monroe County accredited by the National Association for the Education of Young Children (NAEYC), **but is the only center in Monroe County that is licensed and accredited that primarily serves low-income families.** MCUM currently has the capacity to serve 84 children at one time.

at a Glance...

Forty-two percent of Monroe County households struggle to meet their basic needs.

The US Census Bureau ranked Monroe County first in the State of Indiana in poverty in 2015. A household's economic stability is usually determined by its ability to find and keep a job, secure a good place to live, and build assets. Last year, 42% of all Monroe County households struggled to have enough money at the end of each month to meet their most basic needs. While only 11% of Monroe County households needed supplemental food assistance last year, the 42% who struggle are families who are likely at risk – a divorce, car accident, or unexpected illness away from a financial crisis and turn to MCUM for support during their tough time(s).

While Monroe County's unemployment rate has improved in the past several years, the demand for basic needs assistance has not decreased. In 2015, MCUM's emergency services program helped 17% more people than in 2014, and 8% more than the program's 5-year average. We are finding that many of the clients who use MCUM's emergency services programs are working full time or working multiple jobs, but still struggling to make ends mee.



Did you know that MCUM has one of the largest food pantries in Monroe County?

● M ● C ● U ● M ●

Monroe County United Ministries creates lasting solutions to economic, educational and social injustice in our community through quality services, collaboration and innovation.

Our vision is a community free of poverty and injustice.

MCUM provided the first preschool facility, the first emergency shelter for homeless families, and was one of the first social service organizations in Monroe County. Many services and organizations in Monroe County began at MCUM, such as the Community Kitchen and Headstart, before becoming agencies of their own. MCUM was started by the local faith community, and many of the founding congregations are still operating and supporting the agency today. Today, MCUM is a dual-service agency with two programs: **childcare** and **emergency services**.



MCUM's Childcare Program...

- is licensed by The State of Indiana, accredited by the National Association for the Education of Young Children (NAEYC), and holds the highest level of quality in the Paths to Quality voluntary assessment program.
- uses a **play-based**, age-appropriate curriculum to promote the cognitive and social-emotional development of children
- removes a **major barrier** to parents' employment
- provides each child with **75%** of daily nutritional requirements & annual health screenings
- offers parent workshops and **resources**
- aims to reduce the **significant disparity** in educational success between low-income and minority children as compared to their peers from higher-income families.

Last year, MCUM's Childcare Program...

taught
152
students.



helped 4 out of 5 parents enjoy better employment opportunities.

provided
14,470
school lunches



built a new community playground,
providing **773** local children with access to play.



● 2015 ● Outcomes

MCUM's Emergency Services Program...

- provides four days' worth of food for families in our **emergency food pantry**, offering supplemental fresh produce when available.
- ensures clients have the **hygiene** and **cleaning supplies** they need, which they cannot purchase with food stamps.
- partners with Opportunity House to make sure families have **clothing and household items**.
- empowers clients to participate in solutions to their emergency situations through **case management**.
- offers up to a one-month portion of a **rent or utility payment** to help keep families in their own homes during a financial crisis.
- serves to make sure sudden crises don't have to leave families hungry, cold, or faced with utility shut-off or eviction.



Last year, MCUM's Emergency Services Program...

provided
49,248 meals
to those experiencing a financial crisis.

prevented
61 households from eviction or utilities shut-off.

offered
stabilizing case management to 2,484 families.

distributed
10,276 toiletries and household cleaners.

2015 Supporter Recognition



*“It was hard to ask for help. But we were treated with respect, and it does make a real difference. If you’ve never been in that situation it is hard to understand, but it’s really nice to know that people are doing what they can to provide for others who are just trying to get through. **Thank you.**”*

– Former Emergency Services Client

You may not hear the words of appreciation; they are often unspoken. But every day families across Monroe County are thankful that their neighbors choose to support them during trying times.

While working to have substantive impact on the lives of vulnerable Monroe County residents last year, we are reminded that MCUM would not be able to achieve the outcomes on the previous pages without help from our supporters. Over the past several years, we have stabilized funding for our programs, re-opened our Puffin Classroom, built partnerships with more local agencies, balanced our agency budget, added caseworker and volunteer coordinator positions, and have clearly defined agency goals for the coming years that will allow MCUM to have a long-term impact on Monroe County’s most at-risk residents.

Thank you for all of your support last year. Giving your time and energy, money, and in-kind support not only helped MCUM’s clients in the 2015 year but makes an impact that extends into their lives.

Because of supporters like you, our neighbors in need who are one step closer to getting back on their feet after a tough time, hopefully returning to self-sufficiency. The children who leave MCUM prepared for school - 73% versus only 33% county-wide - and don’t start off behind their peers from higher-income households, which would enroll them in a life-long game of catch-up. *This is the difference you make.*

Community Partners & Corporate Sponsors

How fortunate we are to be a part of a community that gives! Local businesses and organizations help ensure MCUM’s special events and fundraising goals are successful. We are grateful to these funding partners who value the work that MCUM does and invests in our future.

Alpha Kappa Alpha	Campus Children’s Center	Delta Theta Tau, Zeta Chapter
Altrusa International	CarDon & Associates Inc	Delta Zeta
Amazon Smile Fund	CE Design, LTD	Edward Jones
American Legion, Post 18	CFC Properties, Inc.	Emergency Food and Shelter Program (EFSP)
Aunt Millie’s Bread	City of Bloomington, CDBG	FASE Mentoring
Baxter Pharmaceutical Solutions, Employees	City of Bloomington, Jack Hopkins Social Service Fund	First Insurance Group
Bell Trace	City of Bloomington, Office of the Mayor	FMS Peer Group
Bill C. Brown Associates	Community Foundation of Bloomington & Monroe County	Fox Construction Company, Inc.
BKD, LLP	Conversation Club	FundSponge
Bloomfield State Bank	Crane Federal Credit Union - Bloomington Branch	German American Bank
Bloomington Lions Club	Cub Scout Troop 123	Good Neighbors Home Extension Club
Bunger & Robertson, Attorneys at Law		Good Shop
C & S Landscaping		GRC Wireless

Community Supporters (continued)

- | | | |
|---|--|--|
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| High Hopes Extension Club | Kroger, West | Southern Indiana Daylilly, Hosta, Daffodil, Iris Society |
| Highlanders Home Extension Club | Members Choice Federal Credit Union | St. Charles Catholic School |
| Hoosier Hills Food Bank | Monroe County Government | T & W Foundation, INC |
| iDonate | Nine Patches Extension Homemakers Club | Tasus Corporation |
| IMPACT Movement (IU) | Oliver Winery | The Harvey Foundation |
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| Indiana University, HPER | Opportunity House | Threehawks Cleaning Services |
| Indiana University, Office of Financial Management Services | Paypal | TIS College Bookstore |
| Innovative Financial Solutions | Pi Beta Phi | Town and Country Home Demo |
| Ivy Tech Community College | Providence Place | Tri-North Middle School |
| Kappa Kappa Kappa - Alpha Chapter | Purchased Food | United Way of Monroe County |
| Kappa Kappa Sigma - Iota | Raymond Foundation, Inc. | Van Buren Township Trustee |
| | Reeves Club | Work One |
| | Riley Physicians | Yarns Unlimited |

Faith Community Partners

MCUM was founded by several local congregations in effort to provide services for children from low-income families living on the Northwest side of Bloomington. Today, MCUM is still heavily-supported by the local faith community. We are grateful for these continued and new partnerships.



MCUM's Development Team with their display at the United Methodist Women's Fashion Show, July 2015.



United Presbyterian Church's youth group's Hunger Games display, April 2015. UPC was the MCUM Hunger Games Champion last year.

- | | |
|--|---|
| Arlington United Methodist Church | First Presbyterian Church, Koinonia Circle |
| Bloomington District United Methodist Women | First Presbyterian Church, Presbyterian Women |
| Bloomington Inclusive Mass Old Catholic Parish | First United Church |
| Bloomington Jewish Community | First United Methodist Church |
| Bloomington Monthly Meeting of Friends | First United Methodist Church, Phoebe Circle |
| Church Women United | First United Methodist Church, United Methodist Women |
| Congregation Beth Shalom | McDoel Baptist Church |
| Daughters of Isabella | Mt. Gilead Christian Church Endowment |
| Episcopal Diocese of Indianapolis | New Unionville Baptist Church |
| Evangelical Lutheran Church of America | Sherwood Oaks Christian Church |
| Fairview United Methodist Church | Simpson Chapel United Methodist Church |
| First Christian Church | St. Mark's United Methodist Church |
| First Christian Church, Open Door Class | |
| First Church of Christ, Scientist | |
| First Presbyterian Church | |

Faith Community (continued)

St. Mark's United Methodist
Women
St. Paul United Methodist Church
St. Thomas Lutheran Evangelical
Church
Stoneybrook Community Church
of God
Trinity Episcopal Church
Unitarian Universalist Church
United Presbyterian Church
University Baptist Church
Woodhaven Christian Church
Woodhaven Christian Church,
CWF



Members of St. Thomas' youth group pose during a volunteer session last fall.

2015 Financial Supporters

Thank you to all of the individuals who made financial contributions to MCUM last year. Whether donating through a specific campaign, like the MCUM Hunger Games or Match Madness, or sending us an unsolicited donation, we simply could not do the work we do without our amazing supporters. Thank you for helping your neighbors in need!

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(\$1 - \$99)

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Paul & Marilyn Irwin
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Richard Sanders
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(\$5,000+)

Lee Hamilton
Harv & Connie Hegarty
Phyllis Little
David Moore



Volunteers at our Match Madness donor event in March, 2015

Rev W Douglas Rae Fellows

These individuals have shown a dedicated commitment to MCUM's programs spanning 15+ years.

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Alice B. Moore Fellows

With a donation made through their estate plan, these donors show the depth of their commitment to MCUM's programs.

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Opportunity House Fellows

Through donations to MCUM's endowment, these donors are helping essential community programs continue for as long as they are needed.

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Dan & Beth Lodge-Rigal
Aase Loescher
William & Nancy Lumbley
I. Wayne Marker
Martha Haines
Don & Fran Martin
Pat Martin
Don Martin
Mildred Mason
Antonia Matthew
Doran & Maryellen May
Winston & Holly May
Edward & Mary McClellan
Kathleen McConahay
David McCrea
Douglas & Ellen McDaniel
John McKinney
Steve & Traci Mehay
Howard Mehlinger
Valerie Merriam
Anthony & Trina Mescher
Darlene Meyer
Carlos Miller
Norma Miller
Milton C. Minor, Jr.
Lou Moir
Katherine Moldstad
Janet Stavropoulos &

Michael Molenda
Alice B. Moore
Beth Myers
Betty Rose Nagle
Ms. Laura Newton
Cinda O'Connor
Arthur & Alice Oestreich
Mr. & Mrs. Harold Ogren
Olson & Company, P.C.
Jim & Judy Van Osdol
Norm & Jeanne Overly
David & Dot Owen
Charles & Pat Parmenter
Shirley Pavy
William & Phyllis Perkins
John & Carol Peterman
Tina Peterson
Bert & Karen Phillips
Anthony & Patty Pizzo
Mary Polk
Mr. & Mrs. Donald Pomeroy
Jacqueline R. Posson
Mr. Paul Quinby
Raymond Foundation, Inc.
Anita & Jeff Reece
Megan Reece
Marietta & Byron Reinhold
C. Patricia Riesenman
Thomas & Joan Rillo
Robert & Suzie Rimstidt
Marjie & Tom Risen
Ruth Rives
Deborah Robinson
Basilla Jean Rogers
Norma Roper
John & Mary Rucker
Albert & Kathy Ruesink
Nancy Russell
Charles and Patrisha Russo
Scott Sayger
Gary & Ann Schepper
Judy Schmid
Ms. Maria Schmidt
Joel Schneider
Thomas & Emilie Schwen
Herbert & Joann Scroggins
Elsie Helen Sheldon
William Shetter
Tessa Skidmore
Max & Judy Skirvin
Ingrid M. Skoog

George Smerk
Martha Smily
Diana Smith
Hazel Smith
Laird & Nancy Smith
Kenneth Sparks
Laurel Sparks
Pauline Spulber
St. Mark's United Methodist
Women
Jeffrey & Janet Stake
Rebecca Stanze
Malcolm & Ellen Stern
M. Ellen Stewart
Brent & Carolyn Sweeny
Sylvan Tackitt
Stella V. Tatlock
Mr. & Mrs. Taylor
Robert & Sandra Taylor
Stanton Telander
Ron & Sandra Thompson
W. Mary Thrasher
Chris Tietz
Pat Muyskens & Paul Toth
Bruce & Janet Tupper
United Commerce Bank
Unity of Bloomington
Elizabeth Vance
John & Wendy VanderZee
Martha Wailes
Frances Walden
R. Scott Walters
James & Betsy Watson
Renee Watts
Mary Jo Weaver
Joanne Weddle
James E. Weikart
Gloria Westfall
James & Ann Whitlatch
Tim Wininger
Heather Winne
Dustin & Rebecca Wittmer
Myriam Wood
Mr. Brian Yeley
Amy Young
Michael & Martha Young
Carl Ziegler

Gordan Bailey
Brady Bair
Byron Bangert
Erica Barish
Katherine Barkow
Mary Bass
Amanda Behnke
Brittany Belkiewitz
Barbara Berggoetz
Sophie Bierman
Carolyn Bilo
Kara Birt
Lee Bittner
Martha Black
Louise Blish
Claire Bliss
Jacob Bollman
Kayla Brahm
Leah Breedlove
Katelyn Bretz
Mary Ellen Brown
Pealer Bryniarski
Jim Burton
Judy Bush
Joyce Byrer
Jamie Caldwell
Carol Campbell
Nicolas Carter
Keri Chapman
Margaret Chittum
Greg Claretto
Barbara Clark
Indiana University Beginnings
Community Plunge
Norvin Conway
Susan Cowling
Christy Crow
Patty Curry
Nina Daleke
Florence E. Davis
Kayla Delaplane
Patricia Denny
Carmen Diaz
Julia DiPietrantonio
Emily Doehrman
Amanda Doster
Susan Dougan
Alex Dowland
Kristin Dremonas
Brian & Tori Drummy
Lauren Dunn
Margaret Edens
Kate Emge
Lisa Ensman
Gretchen and Evan Fehn
Paige Fehn
Mark & Sharon Fenstermacher
Katie Frey
Malia Fujisawa
Solustrisimo Garcia Jr.

Sean Gardner
Judith Garrison
Jeff Gehring
Susan Geyer
Dale & Teresa Glenn
Avejy Glick
Amanda Grahn
Diane Gregory
Tom Gregory
Robert Gutmann
Yang Hailin
Jo Ellen Ham
Stephen & Jo Ellen Ham
Steve Ham
Courtney Harnish
Sidney Harris
Lixiang He
Kylie Heal
Ann Heckman-Davis
Connie Hegarty
John Hendershot
Kealia Hollingsworth
Stella Hooker-Haase
Seung Hoon Lee
Lacey Hoopengardner
Christina Hooten
Duane Hornick
Pat Hornick
Anna Hubley
Shelby Hughbanks
Taylor Hughes
Stephanie Hulett
Emily Hursey
Kelsey Huse
Lillian Jackson
Larry Jacobs
Aysha Jemison
Lauren Johnson
Lyndsay Jones
Megan Jula
Cole Julick
Hannah Kappes
Kayne Mettert
Brandon Kinnaird
Mitchell Kipstein
Sylvester Kyles
Tomas Leal
Lynelle Lee
Andrew & Veronica Lenard
Breanna Loveall
Martha Haines
Judy McDougal
Leon McDougal
Kaitlyn McGowan
Ali McIntire
Bryant Mehay
Darren Mehay
Samantha Mehay
George Mercier
Luetta Mercier

2015 Volunteers

Thank you for your time.

Neal Abdullah
Alejandra Aguilar
Julia Allen
Taylor Allen
Loretta Alonso
Joel Arnold
Alexander Ashkin
Devon Atherton

Valerie Merriam
 Kyndall Merritt
 Chris Meyer
 Jeff Miceli
 Donna Michael
 Angie Miller
 Melissa Montes
 Colleen Montgomery
 Maribeth Mooney
 Melody Moore
 Natalie Moore
 Lauren Morris
 Alisica Myers
 Mike Myers
 Danielle Neal
 Julia Neal
 Sara Neidigh
 Sydney Nickerson
 North-American Interfraternity
 Conference
 Rachael Himsel & Adam
 Nunez
 Hong Oiao
 Bobby Overman

Erin Pannek
 Phyllis Perkins
 William C. Perkins
 Carol Peterman
 Anya Peterson
 Mark Pitman
 Lauren Plavnick
 Wendy Podber
 CW Poole
 Amelia Predmore
 Walt Predmore
 Hong Qiao
 Cheryl Rich
 JP Rich
 Megan Richardson
 Emily Richardson-Rossbach
 Alice Rotino
 Nancy Russell
 Allison Russo
 Samantha Schoolman
 Phil Saunders
 Natalie Schacht
 Nicole Schonemann
 Betty Schoonmaker

Paul Schoonmaker
 Torie Schumacher
 Rachel Scott
 Beth Selke
 John Sgro
 Mary Jo Sgro
 Kuangda Shan
 Rajin & Anurag Shankar
 Sara Shapiro
 Elisa Shrack
 Janet Shupe
 Tessa Skidmore
 Robert Smart
 Solsberry Hill Retreat Center
 Christine Sowar
 St. Thomas Lutheran
 Evangelical Church, Youth
 Rebecca Stanze
 Zachery Stevenson
 Caren Stoll
 Emma Sullivan
 Jean Summerville
 Murl Summerville
 Shelby Tappy

Cody Testerman
 Brenda Tewel
 Jessica Thibault
 Steve Thomas
 Mariya Trenkinshu
 Tri-North Middle School
 Suzanne Trisler
 Tyler
 Steve Ulrey
 Michael & Julia Valliant
 Wendy VanderZee
 Gina Weaver
 Jessie Webster
 Joanne Weddle
 Andrea Williams
 Alexandra J Wilson
 Jen Wilson
 Ken Wilson
 Chet Wonsik
 Tessa Yannone
 Amy Young
 John Zilvinskis



Last year, volunteers from UIFC helped with many painting projects.



More than 200 volunteers helped make our 2015 Each One, Feed One community food drive a huge success!



The YES Club from Tri North Middle School installing a Little Free Library at MCUM.

2015 Audited Financial Summary

MONROE COUNTY UNITED MINISTRIES, INC.

STATEMENT OF ACTIVITIES YEAR ENDED DECEMBER 31, 2015

(WITH COMPARATIVE TOTALS FOR THE YEAR ENDED DECEMBER 31, 2014)

	2015			Total	2014
	Unrestricted	Temporarily Restricted	Permanently Restricted		Total
Support and revenues					
Contributions	\$ 286,430	\$ 22,783	\$ -0-	\$ 309,213	\$ 360,702
Childcare vouchers	172,896	-0-	-0-	172,896	320,709
Grants	196,937	-0-	-0-	196,937	157,298
Childcare fees	179,200	-0-	-0-	179,200	106,129
Investment return, net	2,114	152	-0-	2,266	34,706
Change in value of beneficial interest in assets held by others, net	-0-	(6,520)	-0-	(6,520)	4,964
Miscellaneous income	3,564	-0-	-0-	3,564	8,105
Loss on disposal of equipment	1,192	-0-	-0-	1,192	-0-
Net assets released from restrictions	104,267	(104,267)	-0-	-0-	-0-
Total support, gains, and other revenue	946,600	(87,852)	-0-	858,748	992,613
Expenses					
Program services					
Preschool	723,096	-0-	-0-	723,096	635,985
Emergency services	149,277	-0-	-0-	149,277	152,846
Total program services	872,373	-0-	-0-	872,373	788,831
Management and general	95,911	-0-	-0-	95,911	89,316
Fundraising	143,048	-0-	-0-	143,048	149,909
Total expenses	1,111,332	-0-	-0-	1,111,332	1,028,056
Change in net assets	(164,732)	(87,852)	-0-	(252,584)	(35,443)
Net assets, beginning of year	2,374,486	128,132	210,346	2,712,964	2,748,407
Net assets, end of year	<u>\$ 2,209,754</u>	<u>\$ 40,280</u>	<u>\$ 210,346</u>	<u>\$ 2,460,380</u>	<u>\$ 2,712,964</u>

● A recipe from our pantry ●

Taco Soup

Ingredients

- 1 quart chicken broth ●
- 1 (10-oz.) can chicken or 1 1/2 cups chicken ●
- 1 small onion, chopped ●
- 1/2 green pepper, chopped ●
- 1 can diced tomatoes, undrained ●
- 1 (16-oz.) can kidney beans, undrained ●
- 1/4 teaspoon oregano ●
- 1/2 teaspoon cumin ●
- 1/2 teaspoon garlic ●
- 1/2 teaspoon chili powder ●
- 1/2 teaspoon Tabasco sauce ●
- Juice of 1 lime ●
- Optional: ●
- 1 cup zucchini, chopped ●
- Taco toppings ●

Cooking Instructions

Put 1 quart of chicken broth in a 2-quart-sized pot. Heat to boiling over a medium high heat. When broth begins to boil, lower the heat to a simmer. As the broth is coming to a boil, add all the other ingredients except the lime juice. Chop small onion and half a green pepper in a medium-sized dice, add to pot. Drain the can of kidney beans; add to pot. Add to the pot the diced tomato can, do not drain.

Add 1 large can of chicken or 1 1/2 cups of left over chicken shredded. Add oregano, cumin, garlic powder, and Tabasco sauce. Simmer for 15 minutes over low heat. Salt and pepper to taste. Add the juice of one lime, just before serving. Stir well. Add additional Tabasco if desired.

Serves 5 to 6.

Top with your favorite taco accessories, like lettuce, black olives, shredded cheese, and sour cream!

This recipe was submitted by one of our MCUM Hunger Games “Districts” last year. For more information about MCUM’s fundraising campaigns, volunteer opportunities, and other ways to get involved, please visit our website:

www.mcum.org

